

Scarsdale § Edgemont Family Counseling Service Proudly Launches

THE GIRL'S CENTER

**THIS IS GROUND BREAKING
EXCITING
LIKE NOTHING ELSE
FUN, IMPORTANT
MESSY, REAL, EMPOWERING**

A unique and exciting series of ten, creative workshops for ages 11-14 focusing on SELF-ESTEEM and LEADERSHIP skills. The program is designed to help girls feel good about themselves through the pursuit of authentic, profound, and creative expressions.

“The most precious gift we can give girls is the liberty not only to listen to the greater voice of themselves but to act on it. This is the simplest kind of freedom and the most sacred sort of empowerment.”

**Rachel Simmons,
The Curse of The Good Girl**

MISSION STATEMENT:

THE GIRLS CENTER'S MISSION IS TO BRING EMERGING ADOLESCENT GIRLS TOGETHER IN A UNIQUELY GROUNDED, CREATIVE AND NURTURING ENVIRONMENT WHERE DREAMS, PASSIONS, AND HOBBIES ARE EXPLORED, EMPOWERING GIRLS TO EXPRESS THEMSELVES MORE AUTHENTICALLY AND GROW INTO GENUINE, PRODUCTIVE, SELF-ASSURED, HAPPY, YOUNG WOMEN WITH STRONG SELF-ESTEEM.

- ★ HELD AT THE SCARSDALE WOMAN'S CLUB, 37 DRAKE RD, SCARSDALE, 10583
- ★ STARTING THURSDAY MARCH 1, 2012
and running ten consecutive weeks from 3:30-5pm (excluding April 5th, Spring Break)
- ★ Limited to 20 girls, 6th-8th grade, so register early
- ★ Register now and gain more information by calling SFCS at (914) 723-3281 or email pshendo@aol.com



Led by Laurie Albanese, a novelist, author of Blue Suburbia and Miracles of Prato and a high school English and creative writing teacher.



Tina Henderson, a long-time educator, including college admissions officer, middle school girls' teacher, administrator, private tutor, and graduate of The Harvard Graduate School of Education.

and Emily Vallario, LCSW, SFCS staff member

This program is made possible by a private foundation grant and the generosity of a supporter of SFC.